

The following are list of physical therapy facilities that are recommended by either HSS or recommendations from patients. It is the patient's responsibility to find out if the facility is within your plan and accepts your insurance. These are just recommendations, suggestions, you are more than welcome to go to another physical therapy facility if you would prefer.

PHYSICAL THERAPY **CT/ WESTCHESTER/ BRONX**

Performance PT- 35 River Rd. Cos Cob 203-422-0679

333 Post Rd West, Westport 203-557-9165

80 Largo Drive, Stamford 203-324-2878

AMFIT PT- 500 West Putnam Ave. Greenwich 203-869-5546

New Canaan PT- 45 Grove St. New Cannan 203-966-5752

Premier PT and Wellness- 345 Main Ave. Norwalk 203-847-4400

Advanced PT Center- 999 Summer St. Stamford 203-359-8326

Wilton PT- 396 Danbury Rd. 203-762-5623

OSPT;

1275 Summer St. Stamford 203-325-0025

5 Edgewood Ave. Greenwich 203-302-3570

Quinnipiac PT and Sports Medicine;

202 State St. North Haven 203-239-4274

2334 Whitney Ave. Hamden 203-248-8645

Sound PT- 280 Railroad Ave. Greenwich 203-276-0393

GPTC-1171 East Putnam Ave. Riverside 203-637-1700

Temple PT- 230 George St. New Haven 203-498-5980

IVY rehab- 143 Sound Beach Avenue, Old Greenwich 203-817-0196

Westchester

Premier PT;

223 Katonah Ave. Katonah 914-232-1480

575 White Plains Rd. Eastchester 914-771-6200

141 South Central Ave. Hartsdale 914-946-5685

Armonk PT and Sports Training- 475 Main St. Armonk 914-272-0800

PT@ Cold Spring- 1756 Rte 9D. 845-265-6541

Hudson Valley Hospital Ctr PT& OT- 1980 Crompand Rd. Cortlandt Manor
914-734-3251

PT at Croton-on-Hudson- 440 South Riverside Ave. Croton-on-Hudson
914-827-9070

PT @ Springvale- 2042 Albany Post Rd. Croton-on-Hudson 914-739-0143

PT @ Hopewell- 822 Rte 82. Hopewell Junction 845-227-8173

Sloane Stecker PT;

1 Bridge St. Irvington 914-375-3434

630 McLean Ave. Yonkers 914-375-3434

PT Group of Westchester- 10 Rye Ridge Plaza. Rye Brook 914-253-6457

Westchester Sports PT- 672 White Plains Rd. Scarsdale 914-722-2400

Performance Rehab- 955 Yonkers Ave. Yonkers 914-776-7310

IVY Rehab;

550 Mamaroneck Ave. Harrison 914-777-3737

175 Memorial Highway. New Rochelle 914-235-5354

280 Dobbs Ferry Rd. White Plains 914-428-9698

Recovery PT;

3276 Westchester Ave. Bronx 718-931-550

1385 Boston Post Rd. Larchmont 914-834-7222

Rye PT- 266 Purchase St. Rye 914-921-6061

OrthoCare PT and Sports Rehab- 1053 Saw Mill River Rd. Ardsley 914-
693-2350

Performance Rehab;

955 Yonkers Ave. Yonkers 914-776-7310

1554 Astor Ave. Bronx 718-652-3432

Health South PT

15-17 Center St. Ardsley 914-478-8780

101 Castleton St. Pleasantville 914-741-1117

The Woodlands, 1015 Saw Mill River Road 914-478-8780

Bronx

Proactive PT & Hand Therapy- 2904 Bruckner Blvd 347-582-2534

Westchester Square PT- 1250 Waters Place. 718-409-9444